

rACE at the Cape 5K

10/22/05 (156 finishers);timed by Tidewater Striders

| <u>Name</u> | <u>Age</u> | <u>Time</u> |
|-----------------------|------------|-------------|
| Overall Male | | |
| 1. Steve Johnstone | 41 | 17:47 |
| 2. Chris Perry | 17 | 18:33 |
| 3. Tom Waterbury | 17 | 18:39 |
| Overall Female | | |
| 1. Amanda Scott | 17 | 19:21 |
| 2. Kelli Morrissey | 13 | 20:10.2 |
| 3. Lori Cooper | 32 | 20:10.4 |
| Male 1-12 | | |
| 1. Dean Watkins | 9 | 23:36 |
| 2. Kyle McCammon | 11 | 24:13 |
| 3. Will Overman | 11 | 24:39 |
| Female 1-12 | | |
| 1. Jessie Gabris | 11 | 24:12 |
| 2. Jessica Bland | 10 | 24:41 |
| 3. Casey Morrissey | 9 | 25:07 |
| Male 13-19 | | |
| 1. Mike Meredith | 17 | 18:50 |
| 2. Robert Morey | 16 | 19:03 |
| 3. Brad Ripley | 17 | 19:39 |
| Female 13-19 | | |
| 1. Maddy Woodson | 13 | 22:36 |
| 2. Kristen Meredith | 15 | 22:44 |
| 3. Sarah Potter | 15 | 25:53 |
| Male 20-29 | | |
| 1. Ben Davis | 28 | 22:17 |
| Female 20-29 | | |
| 1. Daphne Rankin | 23 | 26:15 |
| 2. Bethany Rallis | 23 | 27:22 |
| Male 30-39 | | |
| 1. Buzz Cooper | 31 | 18:53 |
| 2. Dan LoAlbo | 39 | 19:53 |
| 3. Mark Levine | 32 | 22:47 |
| Female 30-39 | | |
| 1. Melissa DiBona | 38 | 25:17 |
| 2. Jillian Little | 37 | 26:43 |
| 3. Jennifer Pilger | 32 | 30:03 |

Male 40-49

| | | |
|------------------|----|-------|
| 1. Craig Ruetzel | 45 | 18:56 |
| 2. Jeff Gomez | 41 | 19:42 |
| 3. John Stein | 41 | 20:20 |

Female 40-49

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|----------------------|----|-------|
| 1. Karen Voogt | 42 | 25:17 |
| 2. Eola Scott | 48 | 26:27 |
| 3. Christine Wengler | 41 | 26:30 |

Male 50 & over

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|-------------------|----|-------|
| 1. David Bussiere | 56 | 19:10 |
| 2. Ralph Pick | 51 | 22:39 |
| 3. Steve Scudder | 57 | 27:35 |

Female 50 & over

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|---------------------|----|-------|
| 1. Karen Sparks | 53 | 25:45 |
| 2. Dawn Hockberg | 51 | 32:00 |
| 3. Carolyn Scullion | 50 | 48:56 |