

rACE at the Cape Results
at Cape Henry Collegiate School, Va. Beach, VA
October 21, 2006

Overall Male

1. David Blanchard 18:11.43
2. Buzz Cooper 18:16.87
3. Rocco Mansuelo 18:39.52

Overall Female

1. Kelli Morrissey 19:50.08
2. Lori Cooper 19:51.07
3. Maddy Woodson 22:35.36

Male 1-12

1. Will Overman 19:31.09
2. Graeme Wren 21:51.96
3. Robbie Johnstone 22:31.38

Female 1-12

1. Kendall Tompkins 28:09.07
2. Zoe Weber 29:13.85
3. Annalise Hannah 29:14.11

Male 13-19

1. Chad McEnroe 18:41.63
2. Jazz Rozier 18:44.27
3. Chris Perry 20:00.23

Female 13-19

1. Meg O'Brien 25:44.27
2. Michelle Martin 25:48.56
3. Amber Templeton 26:15.58

Male 20-29

1. N/A
- 2.
- 3.

Female 20-29

1. Amanda Wright 32:01.01
2. Rebecca Hamlet 32:45.00
3. Kristy Proffitt 40:29.87

Male 30-39

1. Robert Hannah 30:22.92
2. Ron Scharnowske 34:07.14
- 3.

Female 30-39

1. Melissa Dibona 24:59.06
2. Tracy Loalbo 30:34.64
3. Shari Blake 37:07.94

Male 40-49

1. Dan Loalbo 20:00.87
2. Harry Williams 22:14.96
3. Steve Johnstone 22:32.21

Female 40-49

1. Dale Browning 26:03.51
2. Soula Martin 26:34.07
3. Linda Serpe 27:25.20

Male 50 & over

1. Sam Wittenberg 22:36.25
2. Wayne Wentz 29:58.01
3. Ron Hurley 33:41.02

Female 50 & Over

1. Martha Morrissey 22:44.10
2. Marguerite Ulmer 30:03.33
3. Mary Sanders 37:41.02